

# **Tongue Tie Away COVID-19 precautions – Updated February 2022**

Gill will take a feeding and medical history from the parents by phone before a visit is booked, to elicit what problems are present. This reduces the contact time slightly during the home visit.

Precautions to safeguard against transmission of COVID-19 when assessing/undertaking tongue-tie division (Frenulotomy) - Mask wearing is required by any adult present in the room. This is because we are in close contact during the visit. Gill puts mask, apron, hair covering, overshoes and gloves on just inside the door.

Information sent via WhatsApp in advance of appointment when booking made:

- What to prepare for my visit, confirmation of cost and payment methods
- A 'consent for Frenulotomy' form to read through
- A privacy notice sheet

At the end of the tongue-tie examination/procedure, just before Gill leaves your home, payment can be accepted through Gill's phone and card machine, which will be in plastic sandwich bags to minimise touch. Apple Pay or Google Pay is a completely contactless method of paying, so if you can use this method, it is preferable. An electronic receipt is sent. Payment by cash can also be made – amount to be counted out by you and placed in the provided plastic wallet. Receipt for cash payments is sent via email after the visit.

All clinical waste is bagged and sealed and can go in your domestic waste bin. Sharps (Scissors) are placed in a sharps bin and are specially disposed of by Gill.

Follow ups are done by phone, one week after the procedure.